

Provide First Aid

This short course meets the learning requirements of HLTAID003 Provide First Aid.

This unit describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Specific licensing /regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

They will learn to:

Respond to an emergency situation

- Recognise an emergency situation
- Identify, assess and manage immediate hazards to health and safety of self and others
- Assess the casualty and recognise the need for first aid response
- Assess the situation and seek assistance from emergency response services

Apply appropriate first aid procedures

- Perform cardiopulmonary resuscitation (CPR) in accordance with Australian Resuscitation Council (ARC) guidelines
- Provide first aid in accordance with established first aid principles
- Display respectful behaviour towards casualty
- Obtain consent from casualty where possible
- Use available resources and equipment to make the casualty as comfortable as possible
- Operate first aid equipment according to manufacturer's instructions
- Monitor the casualty's condition and respond in accordance with first aid principles

Communicate details of the incident

- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate
- Maintain confidentiality of records and information in line with statutory and/or organisational policies

Evaluate the incident and own performance

- Recognise the possible psychological impacts on self and other rescuers involved in critical incidents
- Participate in debriefing to address individual needs